

MEETING GUIDE – GROWING THROUGH DIFFICULTIES

A Sample Timeline and Discussion Guide

Session Objectives

That each woman will discover how to appropriately handle difficulties in ways that help her grow in her faith.

That each woman will be encouraged as she focuses on the truths of God's love, faithfulness and sovereignty in the midst of life's challenges.

That community will continue to grow among the women.

7:00 ARRIVAL AND PRAYER

7:20 SCRIPTURE MEMORY REVIEW

7:35 BOOK DISCUSSION

A good way to begin your discussion is to read a few quotes from the book. Look back through some of the places where you might have highlighted a sentence or paragraph, pick two or three that you feel are important to emphasize. This is a great way to begin the discussion and get the women engaged.

Feel free to develop questions of your own; otherwise, you could ask the following:

"What were some key truths the author focused on?"

"How has the book specifically spoken to you?"

"What are one or two situations God is using to grow and mature your faith?"

"What has been a difficult circumstance you've lived through and seen God's faithfulness?"

Remember to share from your life!

8:30 BREAK

8:45 DISCUSS: MARRIAGE FOCUS (IF APPLICABLE)

Ask each woman to look at the "Looking for What's Good" section of the Marriage Exercise. Then ask:

"Was it hard to come up with 3 characteristics for your husband?"

"What 3 characteristics did you choose?"

"How did he react when you shared it with him?"

Titus2 Mentoring

Date Night - Continue to encourage the women to make it a high priority to have date nights with their husbands.

"What did you do on your date night?"

"Share how you've seen God work through your marriage as a result of going through a difficult time."

9:10 DISCUSS: PEER CHALLENGE

9:20 PRAYER

9:50 HANDOUTS FOR NEXT TIME

Pass out homework for the next month: homework assignment, scripture memory, marriage exercise, peer challenge partner, book

10:00 DISMISS