

## MARRIAGE FOCUS - STEWARDSHIP: FINANCES AND TIME

## Marriage Exercise - Self-Assessment

It is important for each of us as followers of Jesus to intentionally consider how we spend our time, and talents/money, along with how we use our gifts in service toward and relationships with others. This month you will complete a spreadsheet to allow you to see how you are being intentional with what God has entrusted you.

Each person's situation is different. You may be a working mom with 3 children, you may help take care of your older grandmother, or you may be a working woman with no children. Please do not feel defeated if your spreadsheet is somewhat bare.

## **Date Night Questions**

It is important for the health of your marriage to take time to plan and have a date night together. Pull aside from all the demands of life, focus on each other. This can be challenging, but if you make it a high priority, it will pay great benefits in the years to come.

What challenges do we face in balancing earning a living vs. investing in relationships, including our children (if we are parents)?

What opportunities do we have to use our time more wisely and to make better financial decisions?

Do we have a financial plan or budget that helps us be wise stewards of what God has entrusted to us? If not, would one help?

How has our past, including our growing up years, influenced our perspective on financial planning, money, and how we spend our time? (For example: one is a planner, one is not; or one is a spender, one is a saver).