

MARRIAGE FOCUS – PARENTING

Marriage Exercise - Goodnight kiss

Starting tonight, start giving your husband a goodnight kiss at the end of the day. As you kiss him, think a prayer like, "God, I love this man you have given me. I am letting go of everything I hold against him from this day. I love him and forgive him." Make it a tender kiss. Let it wash away all the little irritations that might have built up. Do this every night for the next 30 days and report back to the group how it went.

Date Night Questions

Take time to discuss how each of your children are uniquely gifted. It is so important to be a student of your children, in order to understand how to better parent each of them. On a piece of paper, write down the names of your children. Under each of their names, write down their unique personalities and talents. Also, write down any areas that need to be "worked on". (Some of these questions could be hard to answer for children who are toddlers as these are not clear yet.)

Discuss each child and ways you might parent them based upon their unique personalities and talents.

What are some specific things you can be praying for them?

What family values do you want to teach your children? How might you live these values out so that your children learn and grow from your example?

Recognizing the importance of one-on-one time with each of your children, look for ways to spend good one-on-one time with each of them. If your children are at an appropriate age, it would be good for both of you to look at your calendars and schedule individual time with each child.