

HOMEWORK ASSIGNMENTS - GRATITUDE, PEACE AND CONTENTMENT

Scripture Memory

Memorize 1 Thessalonians 5:16-18 and Philippians 4:6-7. Memorize the topic, chapter and verse—word perfect.

Gratitude - 1 Thessalonians 5:16-18 (NIV)

Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus.

Prayer and Peace - Philippians 4:6-7 (NIV)

Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. ⁷ And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus.

Review previous Scripture Memory—stay fresh on all the verses!

Quiet Time

Make it your goal to have a quiet time 5 times per week. If you're having a hard time being consistent, don't get discouraged. Remember the positive steps you're taking and that you're on a journey with the Lord.

Book Assignment

Read the book chosen by your mentor. As you read or when you finish the book, write a one-page summary on how God used the book to encourage your walk with Him. Be specific. At the end, list three specific ways God spoke to you through this, how it impacted your life, and how you intend to apply it to your life.

Make a copy for your mentor.

Marriage Focus (if applicable)

Please complete the Marriage Exercise and Date Night with your husband.

Peer Challenge

WHAT HAS GOD BEEN SHOWING YOU?

Reflect on these questions: What are some areas where you struggle with being content? How can you “learn” to be content in whatever circumstances you’re in? What causes you to be anxious? How can you move toward experiencing God’s peace in this area? How has keeping a gratitude journal helped in creating a contented and thankful heart in you?

ACTION STEP

Give a practical example from your life where you have gotten stuck in a thought pattern of discontent, ungratefulness or even resentment. What are some practical steps you can take, or you have taken, to cast your cares upon God so you can experience His peace? Share these actions steps with your Peer Challenge partner.

Personal Ministry Plan

Continue to work on your Personal Ministry Plan. God may be using this month’s topic to help you on this year-long journey to evaluate, process and put the pieces together for your own Personal Ministry Plan.