

## MEETING GUIDE – PRAYER

*A Sample Timeline and Discussion Guide*

### Session Objectives

Community will continue to grow among the women.

Realize the importance of a consistent prayer life and the impact it can have on their lives and those they pray for.

Provide practical suggestions and tools on developing a prayer plan.

7:00 ARRIVAL AND OPENING PRAYER

7:05 OPENING QUESTION

“What three words reflect what this month was like for you?”

“What attribute of God have you focused on this month or has strengthened you?”

“What has it been like to include some of the Three Keys to Developing Intimacy with God in your Quiet Time?”

7:15 SCRIPTURE MEMORY REVIEW

“What does it mean to abide or remain in Christ?”

“Do you really feel that apart from Christ you can do nothing?” Why or why not?

“What do you think verse 7 means - “If you remain in me and my words remain in you, ask whatever you wish, and it will be done for you.”?”

"A laptop computer can run by two sources of power—battery, which of course runs down and needs recharging; and a cord, or direct connection to an ever-flowing power source. The problem with the battery is that if you forget to recharge it, or can't get to a power source to recharge it, your computer will eventually stop working. Too many Christians are running by battery power instead of daily abiding in Christ and letting God's power constantly flow in and through them. They go to church on Sunday to get spiritually recharged, then a weekday meeting to be recharged. Then if they miss a week, their spiritual strength becomes weak and instead of operating in God's power, they rely on their own 'battery.'

However, when you plug a computer into a permanent power source, "abiding" takes place. The power never runs low because there is a connectedness between the computer and its power source that becomes a way of life. Remember, a discipline becomes a habit that becomes a behavior that finally becomes a lifestyle. That's what we're looking towards when we begin a spiritual discipline like abiding.

That is what abiding in Christ is like—you'll have all His resources flowing in and through you daily to meet every need."

## 7:35 QUIET TIME DISCUSSION

"What are some of the benefits you've received from having a regular quiet time?"

## 7:50 MARRIAGE FOCUS DISCUSSION

"Were you successful in praying with your husband consistently throughout the past month? If not, what kept you from being successful? If so, how was the experience?"

"How did your date night go? What did you do?"

"Did you discover anything new about your husband? Any surprises?"

"Any new insights on how you can be more aware of his wants, needs, and desires?"

## 8:30 BREAK

## 8:45 BOOK DISCUSSION

"How did God use this book to encourage you this month?"

"Share the specific ways God spoke to you, how it impacted your life and how you are applying it to your life."

"What is a key principle or application that you plan to remember?"

# Titus2 Mentoring

9:15 PEER CHALLENGE

“What was your action step to take for a healthier prayer life?”

9:25 HANDOUTS FOR NEXT SESSION

Pass out homework for the next month: homework assignment, Scripture memory, marriage exercise, peer challenge partner, book. Also, if your retreat is the next session, any retreat planning/communication can be done now.

9:30 PRAYER REQUESTS AND PRAYER TIME

10:00 DISMISS

