



Mentor Preparation Guide - Relationships and Sexual Purity

Before this session, you'll need to...

1. Pick your **book** for the NEXT session and make sure it's in your hands or the hands of your ladies. Print copies for each woman of:
 - **Mentee Homework Assignment** for NEXT MONTH'S session and **any other handouts** that are referred to on the *Homework Assignment* sheet. If there are additional handouts for next session, you'll want to mention these when you give out the materials, so they'll be aware of any extra work for the month.
2. Prepare **your place** where the group will gather.
3. Plan your agenda and lay out your **timeline** for the session.

Your Story

Think about how you developed doing relationships and other relationships in a healthy and God-honoring way. What have you learned about the importance of sexual purity as a single woman? What challenges have you faced in this area, and what tips can you share to help each of the women to find victory in this area? Think through how you handled temptation and how you found victory in this area. Also, be willing to be transparent. If you made poor choices in this area and God taught you through this, please be willing to share what you learned through this. You might help another woman from making the same mistakes you did. Also, share how God has restored you and used this area to draw you to Himself. The women are looking for someone willing to share with them the results of following God's plan and the consequences when we don't.

4. Prepare the Peer Challenge Assignment pairings for your group.
5. As you plan for this month's meeting, you may want to remind your mentees to continue to work on their personal ministry plans. God may be using this month's topic to help them on this year long journey to evaluate, process and put the pieces together for their own personal ministry plan.
6. It's good to meet one-on-one with each woman every 3 months, if possible. The one-on-one time is very helpful in 1) building your relationship with each woman, 2) getting feedback on how the mentoring experience is going, and 3) providing an opportunity for her to share anything on a more personal level that she doesn't feel comfortable sharing in the group. Look at your calendar and come up with dates and times you're available. You may want to write these on a sheet of paper to pass around your group for the women to select one and write their name beside it.
7. Pray for each of your women. Get into the habit of praying for each of your women every day. Ask God to grow them into the women He designed them to be.