



INTO THE WORD

twelve2

“Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God’s will is – His good, pleasing and perfect will.”

Romans 12:2

I. Why Memorize Scripture:

Our brains have a property called “Plasticity.” This means that they are constantly changing based on the things that we do repeatedly over time.

This means that the Holy Spirit can actually rewire our brains as we repeatedly, over time, practice Scripture Memory. This renewing of our minds has the power to change our lives.

II. Tips for Memorizing Scripture:

Prayer, Persistence, Patience

Accountability

End and Begin your day with each new verse

Set an alarm incrementally throughout the day

Practice while you are in the shower and getting ready

Practice while you fold laundry, wash dishes, etc...

III. Beyond Memorization/Study and Internalize:

Set a goal to memorize 1 verse every 2 days. While you are working to memorize each verse, spend those days studying and internalizing what each individual verse means to you. In this way, you are allowing the Holy Spirit to transform you by the renewing of your mind.

Romans 12:1

"Therefore, I urge you brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God - this is your true and proper worship."

1. Pray for the Holy Spirit's guidance as you study.
2. Rewrite the verse.
3. What is your initial response to this verse? What does it say to you? How does it make you feel? Write out your response:
4. Underline at least 3 words that stand out to you in this verse. Feel free to choose as many words as you feel led to underline.
5. Define the words that you underlined. You can do this using a dictionary, a Bible app, or you can simply use your own impressions as the Lord lays them on your heart.

6. Cross References - What other verses come to mind when you read this verse? Resist using the study notes, just let the Holy Spirit lead. When you think that you have come up with all of the verses that you can, feel free to use study notes and Bible apps to point you to cross references as well. Write down at least 3 cross references and include how they enhance your understanding of Romans 12:1.

7. In light of all that you have studied, rewrite the verse in your own words.

8. Finally, reevaluate question #3. How has your impression of this verse changed as you studied? What does it say to you now? How does it make you feel? Write out your response:

Here are my 3 favorite apps to help me study and memorize:

1. Fighter Verse
2. Blue Letter Bible
3. Dictionary